

Become A Member Today We Meed You!

With your donation of \$15 a month or more, you can become a Rowdy Guy or Rowdy Gal Member and *help provide a warm and comfortable home, medical care, and food for all the farm animals that need you* at Rowdy Girl Sanctuary.

Become a member at RowdyGirlSanctuary.org/membership

Adopt an Animal Program



Become an adoptive parent of one of our animals and receive a personalized adoption certificate and glossy photo! Your donation will help with the costs of food, shelter and medical care for your chosen animal.

Adopt at RowdyGirlSanctuary.org/adopt-an-animal-program

Vet Care Fund





Providing lifelong vet care to our animal residents is our number one priority. Caring for over 100 farm animals is an immense responsibility and because of you, we can meet the rigorous demands that come with the obligation of being their caretakers.

Donate at RowdyGirlSanctuary.org/veterinary-care

Rancher Advocacy Program



The Rowdy Girl Story

It all started with Rowdy Girl, a little two-month-old baby calf that my husband wanted me to care for, hoping I would start wanting to be a "good" rancher's wife. I bought her for \$300 having no idea that she would take me down the rabbit hole where I would come out on the other side of compassion for all sentient beings — even the ones that used to end up on my plate. The rest they say is her-story.



Becoming vegan for me has

been a result of living on the Sonnen Ranch, now Rowdy Girl Sanctuary with my multi-generational cattle rancher husband — I couldn't take the red trailer leaving with the babies anymore. As a result, I started watching documentaries and slaughterhouse videos and when I made the corner, I never looked back. Forever Vegan!

I live on a 96-acre ranch with him. I was transplanted from suburbia to the ranch in 2009-I fell in love with all the critters...kinda like Elly Mae Clampett -I named them all and loved them everyone -Id go out and spend time with them, dance around them - sing to them and talk to them.

Then they started being trailered up to go to the sale barn, and the experience of watching them leave, the mamas wailing for a week and the absence of their souls in the pasture haunted me. Because of watching a Melanie Joy documentary on Carnism, I was set up on Halloween 2014, while at my mother in laws. She was serving beef stew and instead of seeing meat, I saw floating dead animal parts. I'd been vegetarian in the past and even tried a raw diet for several months, but never had the compassion connection until I LIVED IT! I love these animals — I see their souls, and they see mine — I can tell they are looking at me out of the corner of their eye. They can feel our motives.

I soon realized I could not stand to watch the babies leave their mamas even one more time to go to the sale barn FOR SLAUGHTER...and that I had to do something to prevent that from ever happening again. My husband had come to the end of his rope. He was ready to sell the entire herd and get out of the business altogether because of my revulsion to the ordeal. The idea to create my own Sanctuary to rescue all of the cows was born from this realization and I convinced my Rancher husband to work with me to make this dream a reality.

Since he was at the jumping off place and was going to sell them all anyway, I asked him if I could buy them and if he'd give me a discount. He thought I had lost my mind, and frankly I had, but it was my only hope and because of compassionate vegans across the world, my project on Indiegogo was funded early May 2015.



We are home to cows, pigs, chickens, roosters, ducks, horses and goats. So many

folks have helped me get to this point and honestly reading all the news stories is the way to get the full history — you can find them all on the section in the website under "In the News." Recently, ABC 13 New York was here, and we will be featured around the country on ABC affiliates on the program "More In Common".

As a result of our story, ranchers are taking notice and contacting us because they want to change. As a result I started the RANCHER ADVOCACY PROGRAM, and currently there are two Texas Ranches in the program.



Our other program is FAMILIES CHOOSING COMPASSION. When the students or families of FFA and 4H contact us about their "project" animal that is about to go to slaughter, we educate them on veganism. As a result, we have several family members that used to be in FFA, that are now vegan and learning another way to care for their friends. The Rowdy story keeps evolving.

Love, Reneé







Cinnamon came to us from Brookshire, Texas. She is a full blood Brahman show cow with registration papers. The ranch has some 50 cows on it that are bred to show as a hobby — unfortunately, because of the sad system we have if a cow isn't reproducing, she's considered "useless" to the business. This beautiful being was going to be slaughtered the very weekend we rescued her.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
December 2018 S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	JERKY Y'ALL	1 New Year's Day	2	3	4	5
6	7	8	9	10	11	12
13	14	15	16	17	World Week for the Abolition of Meat	19
20	21 Martin Luther King Jr.'s Birthday	22	23	24	25	26
27 Australia Day	28	29	30	31	LANE UNCHAINED	February S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28







Alena Hidalgo spent months getting to know Gizmo, the pig she purchased through the FFA. It didn't take long for the two to bond as she played with him every day and made sure his pen was squeaky clean. When the time came to send Gizmo to slaughter, Alena knew she had to do everything in her power to save him. With the help of Rowdy Girl Sanctuary, Gizmo will spend the rest of his days napping in the sun, hanging out with other animals, and visiting with his friend and hero, Alena.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
January S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19	THE ATION CONTRACT	Animal Libe	eration Confe	rence 2019	1	2
13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	BELLY CALIFORN	May 29-June 4	Berkeley, CA Regi	ster at dxe.io/alc		Groundhog Day
3	4	5	6	7	8	9
	World Cancer Day	Chinese New Year				National Pizza Day
10	11	12	13	14	15	16
		Lincoln's Birthday		Valentine's Day		
17	18	19	20	21	22	23
	President's Day		Rowdy Girl Sanctuary's Birthday		Washington's Birthday	
24	25	26	Founder's Birthday (Reneé's)	28	JERKY Y'ALL	March S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31







These chickens came to us from El Paso, hence their group name The El Paso Chickens. But each of these beautiful souls has their own individual name and personality. In their previous life, they were not viewed as we view them with love, kindness, and compassion. They were used as bait in an underground cock fighting ring. Held in tiny crates, living in terrible, dirty conditions. When they first arrived at Rowdy Girl Sanctuary, they were scared. They would always run away from any person that came near. But over time we have gained their trust and now they run to caring hands to receive treats and love.

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
February S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28	C O THE SUSTAINAL TO Organ	the Film That Environmental nizations Don't Want You To See.	Orga W	The Health Film That Health anizations Don't Want You To See.	1	2
24 25 26 27 28		www.cowspiracy.com	V	vww.whatthehealthfilm.com	National Pig Day	
3	4	5	6	7	8	9
		Mardi Gras				
10	11	12	13	14	15	16
Daylight Savings Begins @ 2am						
17	18	19	20	21	22	23
			First Day of Spring			
24	25	26	27	28	29	30
31	aci	ajú s Lega lega	Its Plant-Ba		ocalharvestco.com/ myedgyveggy	April S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30







Frosty is a pure bred Texas Longhorn! When he came to Rowdy Girl at six months old, he was very anxious and scared because he missed his momma and family so much. You see, Frosty too was bred by a small breeder in Texas. Keeping a bull calf is out of the question for these breeders and usually they are sold or given to FFA or 4H kids to raise and show in county fairs. Unfortunately, there is no guarantee that these gentle animals will survive the show. Most are sold and slaughtered. Now that Frosty is at Rowdy Girl he is much calmer—his sweet disposition is shining through.

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
March S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	1 April Fool's Day	2	3	4	5	6
7	8	9	10	11	12	13
14	15	16	17	18	19 Good Friday	20
21 Easter	22	23	24	25	26	27
28	29	30	Embee Plant Physicians	Promoting Peace, Health, & Wellness	Peaceful Planet Foundation	May S M T W T F S







Penny is at Rowdy Girl Sanctuary because the student that raised her in FFA fell in love with her gentle soul. We were approached about the possibilities of Penny coming to RGS. At the time, we didn't have an enclosure for Penny so we went to work at doing all we could to save Penny from the fate of slaughter. Animals like Penny go to slaughter every day because we live in a system that teaches us to choose violence over compassion when it comes to our food. Penny's student has never come to visit because the family is afraid he'll be influenced and go vegan. Meet Princess Penny — the result of kindness.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
April S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30		JERKY YALL YALL	1	Tommy Sonnen's Vegan Birthday	3	International Respect for Chickens Day
5 Cinco De Mayo	6	7	8	9	10	11
12 Mother's Day	13	14	15	16	17	18
19	20	21	22	23	24	25
26	27 Memorial Day	28	Animal Liberation Conference	Animal Liberation Conference	Animal Liberation Conference	June S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30







Lucky was rescued from a backyard slaughter house. Lucky came to us in 2016 from South Florida SPCA, a horse sanctuary in Miami that did not have the resources to host him. Representatives searched for a sanctuary that would take Lucky and seven other cows. After calling many sanctuaries that could not take them in, they found Rowdy Girl Sanctuary through a referral from Farm Sanctuary. We mobilized to make space for Lucky and his friends, who are now living happily, frolicking and exploring at Rowdy Girl Sanctuary.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
May S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	MAC MILLER LAW, PLLC info@macmillerlaw.com	The WO	OF! Roof Project porting those who have bigger than their homes. /thewoofroofproject		PARALEGAL ADVOCATE info@myparalegaladvocate.com	1 Animal Liberation Conference
National Animal Rights Day Animal Liberation Conference	Animal Liberation Conference	Animal Liberation Conference	5	6	7	8
9	10	11	12	13	14	15
16 Father's Day	17	18	19	20	21 First Day of Summer	22
23	24	25	26	27	28	29
30	HELP41 healthyhelp4u.com	VEG AW.	POTENTIAL OF THE CHOICE OF THE	VEGAN GO	VEGAN THEAVY SIMPLE S STUPID "M"	S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31







Annalise was brought to us by Jay Palomo of Houston Animal Save. The brave activists from Houston Animal Save hold vigils at area slaughter houses, and this little baby was easily recognizable because of her lame back leg. Jay asked the slaughter house owner if he could save the baby's life since she was injured. The owner of the slaughter house agreed to let Jay take the baby and when Jay contacted us we jumped into action. Annalise was with her momma and siblings at the slaughter house, but their fate was not as lucky as Annalise's. This baby goat is going to get a second chance at life, as she deserves.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
June S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29	1	2	3	4	5	6
23 24 25 26 27 28 29 30	Canada Day			Independence Day		National Vegan Chicken Day
7	8	9	10	11	12	13
			Cow Appreciation Day			
14	15	16	17	18	19	20
			National Vegan Hot Dog Day			
21	22	23	24	25	26	27
28	29	30	31	PERMANEN SKIN CARI HEALTH O	OVA SKIN IT MAKE UP E - LASHES COACHING Mexander 59-0235	August S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31







Murray was severely malnourished when originally rescued and needed to be nursed back to health. He's at a healthy weight, but his massive frame is bearing down on his joints and he has arthritis. His ankle and hoof have to be bandaged occasionally because of a chronic abscess. After treatment and care, he hasn't had a re-occurrence in months. But he needs to take an anti-inflammatory every day. He's a good boy though! He gobbles it right down when it's buried inside of a banana or an orange.

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
July SMTWTFS	September S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	The <i>kinoles</i> t, healthiest kibble		1	2	3
4 Friendship Day	5	6	7	8	9	10
11	12	13	14	15 India Independence Day	16	17
18	19	20	21	22	23	24
25	26	27	28	29	30	31





September

Charger is a miracle. He came to Rowdy Girl Sanctuary because his student skipped out on him during the final hours of an FFA county fair. The student's mom, Nicole, was left to care for him and she developed an unexpected relationship with him. She saw Charger as a cuddly teddy bear and found herself crying when she was with him as she considered his eventual fate. She called Rowdy Girl, and together we found a way to make RGS his home. And Nicole went vegan in the process.

Girl, and together we found a way to make RGS his home. And Nicole went vegan in the process.						
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2 Labor Pov	3	4	5	6	7
8	Labor Day 9	10	11	12	13	14
Grandparents Day			Patriot Day			
15	16	17	National Vegan Cheeseburger Day	19	20	21
22	23 First Day of Autumn	24	25	26	27	28
29	30	Prevent Year ZERO www.preventyearzero.org	VEGAN WORLD CONFER YEAR ZERO www.climatehealers.c	RENCE : 2026	August S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	October S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31







Dee Dee & Dexter were found by oil field worker Harlen one day while driving. They were under nourished and weak with umbilical cords still attached to their frail bodies. Dee Dee had fallen into some cactus and her legs and body were covered with thorns. Harlen and his family were happy until they realized these little boogers can jump. They made many calls to vets and ranchers, but they would eventually be sent to slaughter. Finally they found Rowdy Girl Sanctuary as their forever home!

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Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
September S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	MENDENHALL Purveyor of Handmade Vegan Goods	1 World Vegetarian Day	2	3	4 World Animal Day	5
6	7	8	9	10	Come Out Day	12
13	14 Columbus Day	15	16 World Food Day	17	18	19
20	21	22	23	24	25	26
27	28 National Chocolate Day	29 National Cat Day	30	Halloween & Reneé King-Sonnen's Vegan Birthday	VEGAN OUTREACH Working to end violence towards animals veganoutreach.org	November S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30







Roux was the first hog adopted at Rowdy Girl and is another victim of FFA school "projects" that teach kids to care for these animals in hopes that they will not develop an emotional bond. There are so many Roux's in the world. If Roux could talk she would tell you that pigs are "friends, not food." It is because of Roux that we fell in love with piggies and FFA students that have opened their hearts to realize that all animals deserve to be free and live free from harm. Roux is so happy to be at RGS!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
October	December S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31	6	Bear Witness. Go Vegar Take Action to Help The Join a vigil or start a Save chapter in your community Learn more at the Save Movement.org	m. ESTVE MOVEMENT	1 WORLD VEGAN DAY!	2 International Cube Day
Daylight Savings Time Ends	4	5 Election Day	6	7	8	9
10	11 Veteran's Day	12	13	14 World Diabetes Day	15	16
17	18	19	20	21	22	23
24	25	26	27	28 Thanksgiving Day	29	30







Fireball was also in the FFA system, and his student fell in love with him. At show he didn't win--he placed but was not the blue ribbon winner, so he wasn't going to pull in the big money. They bought Fireball at auction to keep him from being slaughtered, and pastured him at a family member's. However, they couldn't care for him anymore, and were afraid he would end up in the wrong hands. They called RGS, and we were thrilled to give Fireball a forever home. He's our ladies man!

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1	2	3	4	5	6	7
		Giving Tuesday				Pearl Harbor Remembrance Day
8	9	10 Human Rights Day	11	12	13	14
15	16	17	18	19	Anniversary of the Vegan Journal of a Rancher's Wife Facebook Page	21
22 First Day of Winter	23	24 Christmas Eve	25 Christmas	26	27	28
29	30	31 New Year's Eve	MEAT Y	OUR FUTURE MEKTYOURFUTURE.COM ENVIRONMENTAL AND ETHICAL AND CONSUMING ANIMALS	November S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30	January 2020 S M T W T F S



















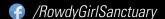






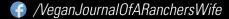


979.314.9225 www.rowdygirlsanctuary.org



/RowdyGirl Ranch

/RowdyGirlSanctuary



/RowdyGirlSanctuary

Rowdy Girl Sanctuary Inc. is a 501(c)3 Nonprofit Organization This calendar is dedicated to the memory of Little Chick, the rooster with the big personality & Reneé's "little advisor."



